

The cover features a decorative border with autumn-themed elements. The top-left corner has a cluster of leaves in shades of red, orange, and yellow. The bottom-left corner shows pinecones and more autumn leaves. The right side of the cover is framed by a solid orange border. The background is white with faint, stylized leaf outlines.

BUNDALEER LODGE NEWSLETTER

**AUTUMN EDITION
MARCH – MAY 2026**

**BUNDALEER LODGE
114 HOLDSWORTH ROAD
NORTH IPSWICH QLD 4305
PH: 07 3201 8772
FAX: 07 3201 7926**

Welcome to your Autumn Newsletter

**In this quarterly newsletter you will find.
Let's celebrate Autumn, Easter, St Patty's Day,
Labor Day, Anzac Day.**

Birthdays for the months of March, April and May.

Colouring in and puzzle page.

Anzac Day Colouring in and word search

Resident Advisory Body meeting notes.

Kitchen update report.

Resident meeting notes.

Special birthdays

RSL information

River 949 Pop up day for Oral Health Day

Welcome New staff member

Olive Express information

Activates pages what's been happening.

Facebook and your facility.

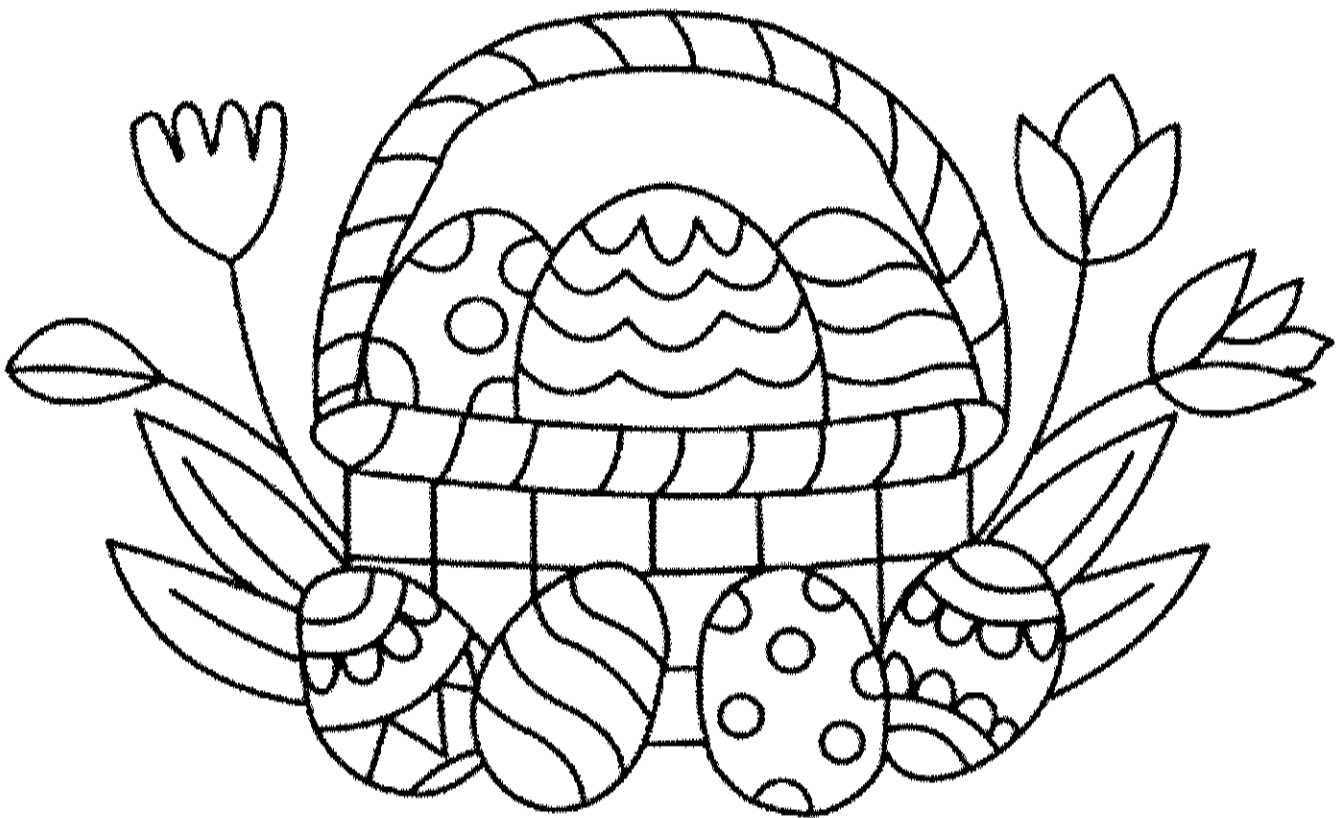
Letter from Management

Birthday for the months of March April and May

| March 2026 | | | |
|------------------|------------------|----------------------|------------------|
| Shane Bell | 2 ND | Robert Milfull | 3rd |
| John Charmers | 4 th | Valmai Williamson | 7th |
| Delwyn Gardiner | 14 th | Janice Govan | 16th |
| Rineo Oddi | 22nd | Lynette Wilson | 22nd |
| Margaret Roberts | 26th | Judith Wright | 28th |
| April 2026 | | | |
| Hilary Pocock | 2nd | Sarah Light | 3rd |
| Ruth O'Connor | 4 th | Dianna Iribarnegaray | 9th |
| Barry Fail | 10th | Shirley Kenman | 18 th |
| Leonard Zeidler | 14th | Kerry Greenhill | 18th |
| Ivy Pocock | 20th | Josey Price | 21st |
| Gerald Hambelton | 25 th | Betty Bloxham | 29th |
| Jean Wootley | 30th | | |
| May 2026 | | | |
| Karen Hall | 5th | Norman Dabelstein | 10th |
| Lorraine Jones | 14th | Patrick English | 15th |
| Robert Jarvis | 18th | Paul Reid | 18th |
| Trevor Wode | 20th | Selwyn Foelz | 21st |
| Doreen Van Stijn | 23rd | Ian Lorenzen | 26th |
| Cyril McGill | 26 th | Linda Standfield | 28th |



HAPPY
EASTER!



EASTER WORD SEARCH

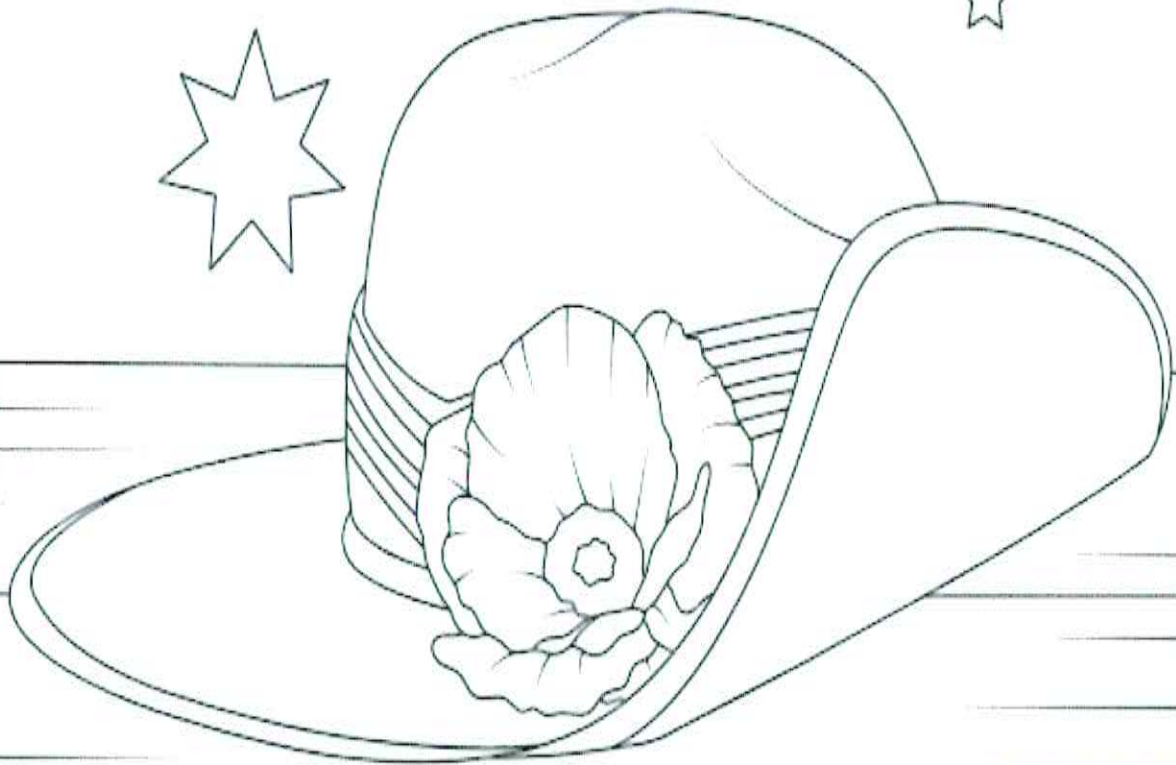
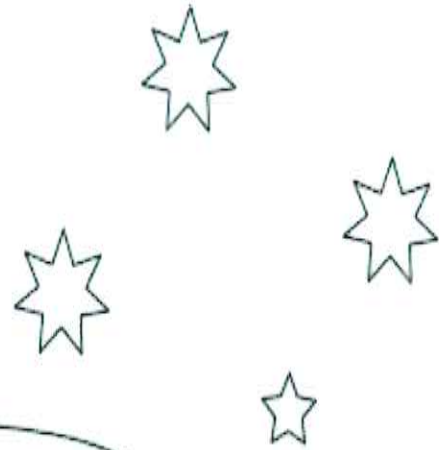
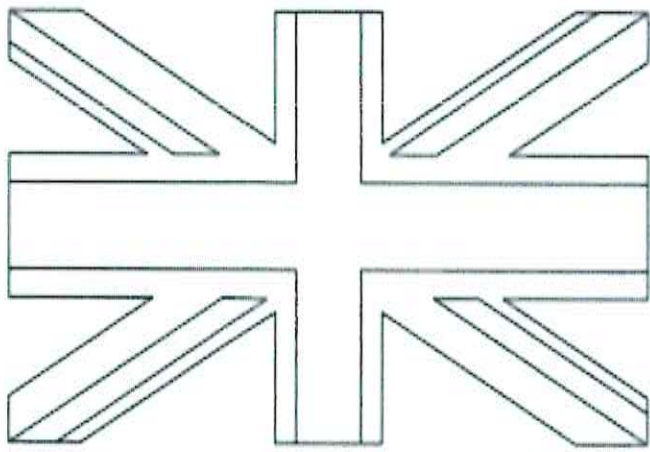


S B M A L R E T S A E C
G N E T A L O C O H C A
H O T C R O S S B U N S
X C H I C K E N S I R I
G S L I D O F F A D Z T
N T S S T E K S A B H S
I N G G E R E T S A E U
R U E Y V R A B B I T N
P H D U C K L I N G S D
S J E L L Y B E A N S A
V H Y A C I N T H F V Y
C A N D Y T E N N O B Q

BASKET
BONNET
EASTER EGG
HOT CROSS BUNS
CANDY
HYACINTH

IRIS
CHICKEN
CHOCOLATE
JELLYBEANS
DAFFODILS
LAMBS

RABBIT
DYE
DUCKLINGS
SPRING
EASTER
SUNDAY



Anzac Day

Lest we forget

Colortherapy

ANZAC Day 25th April

C S O G E A O Y C K D G P H V L L U G E
S I E P V N P P O C S E I P P O P A Z C
E P T R Z H E I N O I T A R B E L E C I
R Y I O V C Z W P M R S C W B L H E O V
Y Y S R I I X V Z M C Z E G I S Y S U R
E W L O I R C Z I E W F N P G A I E R E
A C U I A T T E R M A U O T D P U R A S
E E N N R Y N A S O R L T L R I S V G N
Q V Z A E P S Q P R I W A U I P T E E W
N A I K R O A G L A L N P N E V C D O A
C E N F L B N J E T O A H A D L I I U D
G O E D O I M B L I J Z C O K H L U S S
D L I A T W W E T O D E R T U N F J M E
F E J H T Z T A M N K E V A R B N E I H
R I G Z M X N J X E U Z H I S T O R I C
P I A L L I E S E X R U B F V B C Y Q R
F R S O R D J P W O R L D W A R O N E A
E A A U V A I H W A I L A R T S U A G M
E W U U H N P E Z A W E M G I P F G B M
K J T N G F H E X O H J A H U V Z R F B

ALLIES
APRIL
BRAVE
CENOTAPH
CONFLICTS
DAMNSERVICE
FIGHTING
HISTORIC
NATIONALDAY
PATRIOTIC
POPPIES
SERVED
SOLDIER
TWOPIVE

ANZAC
AUSTRALIA
CELEBRATION
COMMEMORATION
COURAGEOUS
WORLDWARONE
GALLIPOLI
MARCHES
NEWZEALAND
PEACEKEEPING
REMEMBRANCE
SERVICES
SPIRIT
WAR



REMEMBER

The Resident Advisory Body

Thank you to the residents who participated in the Resident Advisory Body Meetings held at each facility in January. The key points of discussion were around the dining experience - whether you choose to eat in your room or in the dining rooms.

All residents agreed that the dining experience is enjoyable. For residents who choose to dine in the dining rooms expressed they enjoy the company of others the most. For those who choose to eat in their own room, they expressed that the offer to eat in the dining room is appreciated but prefer to eat in their own room. This is for a number of reasons, some like to watch television while dining, others prefer a quieter setting and some just prefer to not eat in front of others.

Some feedback was provided about the dining room being noisy at times, and 1 resident highlighted that some younger staff are not as confident on what to do. We have provided this feedback to the facility managers who will follow up with the staff in these areas. There was also some individual feedback around certain meals which we will follow up specifically for these residents.

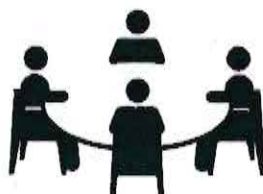
We would also like you all to know, even if currently you choose to eat in your room, at any time you can choose to eat in the dining room. This can be for a one-off meal – maybe you have visitors which you would like to have a meal with in a larger space or maybe you prefer to eat breakfast and dinner in your room but would enjoy the lunch meal with others. The staff are always there to help, so please let them know if your dining preferences change.

A summary of the meeting goes into a report for the Quality Care Advisory Body who can then identify further quality improvements from this feedback. Thank you once again for those who participated, we find this feedback very useful and use it for future planning.

Should you wish to attend the next meeting, it will be held;

- Bundaleer Lodge – 14th April @10.30am in the Therapy Room
- Algester Lodge – 23rd April @ 10.30am in the Opal Therapy Room

Families are also welcome. Morning Tea is provided.



KITCHEN UPDATE - AUTUMN

KITCHEN UPDATE

Since the start of the new year, you may have noticed some changes to the menu. We have added assorted fruit smoothies to the breakfast trolleys, brought back Raisin Toast on continental days and plain toast of some hot breakfast for RG7 only. Yoghurt has also been added to the breakfast menu daily for extra protein. Savory mince has been added once a week at breakfast also for extra protein.

Cooks have now been taught how to make homemade stocks that is being used as a base for soups and wet dishes instead of packet mixes. Soups will then be made fresh 3 days a week and will work up to daily soups instead of packet soups. We have also introduced sweet potato on the menu including roasted, baked, mashed and chips. We have also started thick hot and crispy chips instead of crinkle cut.

In the evening we have increased the fresh fruit by two more nights and on other nights some of the fruit will be served with custard as the dinner dessert.

Some other suggestions currently under review and may be implemented in the coming months are different vegetables which will include Honey roasted carrots, Roasted baby chat potatoes and Roasted sweet potato with skin on.

Kitchen staff are working hard on presenting all meals to look more appealing.

If you have a permanent change or dislike, please also inform your RN or Therapy staff and they can do a kitchen notification form for this, that way you do not have to remember to write it on your menu each week. On a weekly basis the Therapy staff will come around and complete your menu selection with you on the simple foods IPAD.

If at any time you have any suggestions or feedback about the menu, please feel free to contact your Therapy Staff or Admin and let them know. Feedback is always welcome.

Resident meetings:

These are held every second month in the DT room. Please check out your monthly Calendar to confirm the date.

We have many topics to discuss like cleaning, kitchen, nursing, staff maintenance.

We also have morning or afternoon tea supplied by the DT staff who do a wonderful job.

Last month we held a Kitchen tour where the residents are taken into the kitchen so they can see a short time of their day and also get to ask the staff any questions about what they see.

Yes, you get to wear a hair net just like the Kitchen staff.

Last month the kitchen made fresh scones and passion fruit iced tea. Thank Kitchen and to the residents who were able to make it on the day. If you wish to attend the next kitchen tour, make sure you keep an eye on the monthly Calander and let the girls know

Lost laundry is always an interesting topic. If you feel you have lost an item, please let the RN on duty know they will complete a online form or printed form and you can hand back to the staff who will make sure it gets to the laundry.

Also please make sure that your name is clearly marked if you wish to order more please see Tina to place an order.



HELLO FROM YOUR DT DEPARTMENT!

Our residents have enjoyed a wonderfully busy and vibrant season filled with celebrations, connections and community spirit.

We kicked things off with our Melbourne Cup Day celebrations, inspired by the Melbourne Cup our residents dressed up in our finest hats and fascinators to watch the great race and enjoy some delicious goodies together to celebrate. This was a fantastic opportunity to start conversations about past race days which filled our afternoon.

Our Christmas parties were another highlight, filled with music, festive foods and special moments with friends, family and staff. The joy whilst these parties were happening were heartwarming. From singing carols to enjoying a beautiful meal together, it was a festive celebration of togetherness and gratitude.



We also proudly celebrated Australia day embracing our community spirit with themed activities, music and a good old BBQ with our Maggie beer foundations Mentor, Ryan. These special event days give residents a sense of belonging and connections sense.

Valentines' day celebrations were a massive hit with an activity of chocolate covered strawberries becoming the Favorite snack of the day!

In between our bigger events, we have been keeping busy with our very popular cooking sessions. Residents have been enjoying some very hands on time preparing and cooking some requested yummys. We have also been using some bread makers to fill the home with the smell of lovely freshly baked bread.



Looking ahead, we are excited to honour and celebrate St Patrick's day, ANZAC day and many other calendar celebrations which provide meaningful opportunities and cultural celebrations to be shared amongst our residents.

There is always a lot going on in our home and we look forward to continue to create these moments with you or your loved ones.

Rhiannon, Easter, Van, Catherine, Kim.



Hydration Station and Flower Arranging

At Algester Lodge Norma celebrated a very Special Birthday 104 Years Young

JANUARY 15-21, 2026

LOCAL IPSWICH NEWS >>LOCALIPSWICHNEWS.COM

Norma celebrates 104 years filled with love

BY ROWAN ANDERSON

NORMA Freiberg (née Lyon) has marked an extraordinary milestone, celebrating her 104th birthday surrounded by family, friends and fellow residents at Algester Lodge.

Born on December 21, 1921, Norma's life spans more than a century of change in Queensland, from childhood days on a dairy farm at Marburg to becoming one of the oldest living links to the region's early schooling history.

Norma grew up alongside her brothers and sister on the family farm near what she recalls as the Lyon Bridge, walking to school each day while following Black Snake Creek. She first attended Marburg State School before continuing her education at Glamorgan Vale State School.

Last year, Glamorgan Vale State School celebrated its 150th anniversary, with Norma proudly acknowledged as the school's oldest surviving former student.

A lifelong Lutheran, Norma met her husband Ronald



Norma Freiberg celebrates her 104th birthday.

Freiberg at the St John Lutheran Church hall. She often recounts how Ronald, who was chairing a meeting that night, handed proceedings over to someone else so he could escort her home.

"He was cheeky," she said. "He wanted to know where I lived."

The couple shared many

happy years together until Ronald's passing in 2014. On June 4, 2010, they moved to Algester Lodge, where Norma has continued to be an active and much-loved member of the community.

During her working life, Norma was employed at Ipswich Girls Grammar School, where she worked in the laun-

dry, contributing to another of Ipswich's long-standing institutions.

Family remains central to Norma's life. She and Ronald raised four children – Errol, Ken, Trevor and Jenny – and today she is the proud grandmother of 10 grandchildren and 17 great-grandchildren, aged between 7 and 21.

One of her greatest recent joys has been seeing her eldest great-granddaughter join the Navy and graduate, a milestone that fills Norma with pride.

Known for her many talents, Norma is a wonderful cook, highly skilled in craft and calligraphy.

Norma's birthday celebrations were held over two days, with Algester Lodge residents and staff marking the occasion on one day, before a family celebration the day after.

At 104, Norma Freiberg's story is one of family, faith and community – a living connection to the region's past and a reminder of the rich personal histories that continue to shape it today.



**At Bundaleer Lodge we also
had a very special Birthday
Robert Kain 100 years
young**



**Here is Robert having Birthday cake
with some of the residents and staff.
Robert enjoyed lunch out with close
friends.**



Historically, the Ipswich RSL has provided assistance by visiting veterans within your care we would like to recommence this service.

An opportunity for our volunteers to visit veteran residents on their request, and to understand any needs that the Ipswich RSL might be able to assist.

Please let the DT staff if you wish to have a visit from this service.

MUSEUM

Admission is Free

Opening Hours: 9am – 3pm

- Last Sunday of each month (Excl December)
- By Appointment on Wednesdays
- Large Groups are by appointment Only

Accepting artifact donations for the museum

A large collection of memorabilia is located on the top floor. The collection consists of artefacts, uniforms, photos and items of daily life for the servicemen and women. (No wheelchair access but chairlift available.)

To find out more about our Museum, please contact the office:


WELLBEING ADVOCATES

If you are needing assistance with filling in forms our dedicated team of wellbeing advocates are on hand to assist by appointment. If you're struggling and don't know where to turn, Ipswich RSL Wellbeing Advocates can be a guiding light. They will meet with you to talk about the challenges you're facing, and then work with you to develop an action plan that you can work through at your own pace. We at this stage do not have a Pension Advocate. RSL QLD has Compensation Advocates and can be contacted on 134 775 - Option 2

Drop in morning Tea—3rd Wednesday of the Month
9:30am-11:30am

General Meeting—3rd Monday of the Month 7pm


Annual General Meeting—1st Sat in Feb



IPSWICH RSL SUB BRANCH INC


Street Address: 63 Nicholas Street, Ipswich, QLD, 4305
Postal Address: PO Box 3006, West Ipswich, QLD, 4305
Office Number: 07 3281 4159
Mobile: 0499 285 767 Secretary
Office Hours: 8:30am-12:30pm Monday to Thursday
Email: secretary@ipswichrslsub.com.au
Website: <https://www.ipswichrslsub.com.au>
Ipswich RSL Sub Branch Inc—Facebook

Ipswich RSL Sub Branch ensure the following values are adopted:
Transparency, Honesty, Compassion, Committed, Diversity, Ethical, Respectful, Integrity, Empathy, More hip &



RSL

Ipswich Sub Branch



**Providing support for Veterans,
Current Serving Defence
Members and their
Families since 1917**

Ipswich RSL Sub Branch

Ipswich has an active ex-service community of which the Returned and Services League Ipswich Sub-branch plays an important role. The core purpose of the Sub-Branch is to assist with the interests and welfare of former and serving members of the ADF and their dependent's.

If you are currently serving in the ADF (or considering transitioning out of the ADF), you may be able to receive ongoing support, supplements or services in relation to a range of conditions.

What are we about?

Care—Engaging with local aged care facilities, community engagement with local schools to keep the Anzac Spirit Alive. Draw to Remember & Postcards of Honour.

Camaraderie—Drop in morning teas, dinners prior to general meetings. Wed morn's each week for members at 10am. Over 80's luncheon,

Commemorations -

SERVICES LIST

- 25 April — ANZAC Day 4.27am & 8.20am
- 19 July — Battle of Fromelles 10am
- 27 July — Korea Veterans Day 10am
- 18 August — Vietnam Veterans Day 10am
- Oct TBC — Post Vietnam Deployments & Peacekeeper Operations 10am
- 11 November — Remembrance Day 10.20am

Fundraising –Badge Selling

Anzac Day Appeal—April

Poppy Appeal—Nov

POPPY SERVICES

As you prepare to lay your loved one to rest, you are not alone; we are with you. Just let the Funeral home know that your family member was a Veteran.

Our Sub Branch and all other Sub Branches can provide a Poppy Service to compliment the funeral of a servicemen and woman. We consider it an honour and privilege to farewell those who served our country.

As part of a Poppy Service, an RSL representative will:

- Deliver a eulogy, detailing the veteran's service
- Recite The Ode
- Sound The Last Post and Rouse
- Provide poppies for mourners to place on the coffin in recognition of service.

Any person who has served in the Australian Defence Force can be honoured with a Poppy Service.

They do not have to be a member of the RSL.

Poppy Services are provided free of charge. They are one of the ways we honour servicemen and women for their contribution and by way of supporting you, the family, through this difficult time. If your loved one was an RSL member, you can talk to their RSL Sub Branch about conducting a Poppy Service. If they weren't a member you can still contact your nearest RSL Sub Branch. You can always contact Ipswich Sub Branch to assist.



HISTORY

Ipswich RSL Sub Branch is one of the oldest in QLD, first formed in 1917. The Sub Branch is housed at Ipswich Soldiers Memorial Hall in Nicholas St, which is reputed to be the most original, unaltered in Australia.

Our Sub Branch supports our RSL Band who practice on Wednesday evenings. 3 bands at this stage and growing. The Sub Branch provides a Bursary to students in the second year at Ipswich UniSQ campus for anyone who has a Military connection within the Nursing Faculty. This is given to acknowledge the valuable contribution of nurses in time of war and peace keeping operations.

Since 1920 Memorial Hall has had a special association with the RSL. It has a strong spiritual and social association with the general community and Veterans as the focal point at all Commemorative Services.

STAINED GLASS WINDOW

On 30th Nov 1922, Governor Sir Matthew Nathan unveiled the Memorial Window in the Soldiers Memorial Hall.



Money for the window was raised by Mrs Cameron and the ladies of the Tea Train Society who were a dedicated group that met every train at Ipswich Railway Station to provide troops with tea and refreshments. The design of the window was by William Bustard and work was carried out by R.S. Exton and Company, Brisbane, under the instruction of Mr C.H. Lancaster. It is in memory of the men who gave their lives in WW1 and depicts St Michael as the Angel of victory with outspread wings embracing four soldier figures from the 9th, 15th and 26th Battalions and the 5th Light horse.

River 949 will be visiting us to celebrate
Oral Health Day on 20 March
at 11:00am till 12 noon
We would like to thank All About dentures for donating their Pop-up Day



all about dentures

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- ✓ Partial Dentures
- ✓ Immediate Dentures
- ✓ Implant Dentures
- ✓ Flexible Dentures
- ✓ Relines & Repairs
- ✓ SEMCD/Lower
- ✓ Suction Effective Dentures



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**We welcome a new team member
over the last few months.**



Aged Care Onsite Pharmacist, Bundaleer Lodge– Mona Payman
Mona is the clinical pharmacist working at Bundaleer Lodge. Mona has been a pharmacist for 12 years and worked in community, hospital and GP clinics. Prior to that Mona worked in finance, recruitment and marketing for many years. Mona has been working in aged care since 2020 which has been her favourite job. My roles include regularly reviewing resident's medications to ensure they are safe and effective, providing education and support to aged care staff, and working collaboratively with the clinical team.

**If you see Mona around the facility,
please make sure you say hi**



We are excited to share that Olive Express will be on-site at Bundaleer Lodge from 28 April to 1 May.

Olive Express is a unique mobile 'train' that offers immersive, sensory travel experiences designed to support recreational therapy for older adults. This experience isn't just for residents; it's also a wonderful opportunity for families to come together and enjoy a shared journey.

Olive Express destinations include landscapes of Switzerland, China, Japan, Scotland, Ireland, and London – each journey sparking memories and curiosity about the world.



Each Olive Express journey is tailored to be personal and inclusive, featuring a multilingual avatar guide that lets residents choose their preferred language, making every trip familiar and comfortable. Sessions run for 30-45 minutes and include delicious morning or high tea experiences.

It is air-conditioned and wheelchair- and daybed-friendly.

The cost will be \$10 per person. The DT staff will start gathering residents' interest and bookings from end of March. Families can contact DT to book if they wish to join along.

Letter From Management

Happy Easter



Wishing you a beautiful Easter filled with love, laughter and cherished moments with family and friends.

Nandina

Nandina area 2 has been undergoing renovations which are progressing. This includes bathroom, bedroom and communal area renovations.





Visitor Sign-out

Visitors no longer have to come through the front reception when leaving after visiting. They can sign out on the iPad mounted on the wall near Ambulance Bay 2.



Kitchen Tour

The residents toured the kitchen and sampled some freshly cooked items on the tour. If you would like to enjoy one of these kitchen tours contact the therapy staff to find out when the next tour will be taking place.



Parking

To alleviate parking issues for visitors, we move the facial recognition machine for staff sign in and one iPad to Acacia staffroom. All staff must now sign on and off in Acacia staffroom (as we used to before COVID). There should be no need for staff to park outside Reception.

If you do need to park at Reception, please be mindful not to park on the right-hand side of the road (near the bush) or around the cul-de-sac at the end of the street as this is a no standing zone. Parking in these spots may result in a parking fine if seen by the Council. It also makes it difficult for the neighbours to get in and out of their driveways so please also be considerate of them. You can however, park on the left-hand side of the road (outside the houses) as long as you do not park across any driveway.

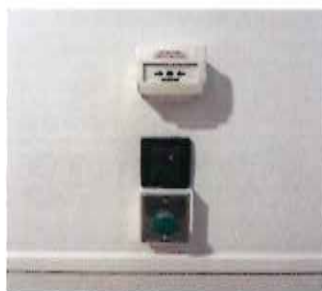
Staff may park in the carparks underneath Acacia, Banksia and Nandina or the carparks on the righthand side of the exit driveway. Staff are not to park on Holdsworth Road or outside Ambulance Bay 2. These parks are for visitors. If you see that a student (or another staff member) has parked in one of these areas please inform them where the staff parking is. If you wish to park near the park or bus stop, please be mindful that you must park parallel to the road – do not nose into the park as this is also illegal and you may receive a fine from the Council.

Insurance for Personal Items

Residents may wish to consider taking out your own insurance for your personal items. Items such as your own hearing aids, prescription glasses and other personal items can be covered by insurance. These items are not covered by the facility insurance

Jasmin Exit door

A new green button is on the wall near the Jasmin exit doors to the reception area. If departing after hours you will no longer have to find a staff member to let you out.



Sharing Spaces Programme

Residents from Bundaleer Lodge Nursing Home and Guardian Childcare and Education from Brassall are starting to participate in an intergenerational learning programme. This partnership programme with Guardian Childcare and Education and Bundaleer Lodge Nursing Home involved the children traveling to Bundaleer Lodge to enjoy a morning of activities and fun with the children. The children are coming to join in with activity stations. Some of the residents are setting up small activities and the residents are running these activities with the children. The Diversional Therapy staff will be there to assist. Bundaleer lodge residents interact with the children from the school through story time or craft activities. This programme will run fortnightly from 10-11am. Resident who would like to participate please speak to the therapy staff.



Two Bees Café

The Two Bees Café is open at Bundaleer Lodge Nursing Home. The opening hours are 9am to 1pm, Tuesday to Friday. A sample menu on offer includes:

**Sandwiches Wraps Toasties
Variety of hot meals Crescents
Muffins
Variety of Cakes Variety of Slices
Scones with jam and cream Milk shakes
Thick shakes
Specialty Teas and Specialty Coffee Chips and Chocolates**



Arnie Libbis dropped into the Two Bees Café for a visit

Pianola

is working in therapy. We have many lovely pianola rolls with wonderful music to play.



Visiting

When not in outbreak, visiting hours are as follows;

- **9am – 1.00pm Sunday**
- **9am – 3.30pm Monday**
- **9am – 3.30pm Tuesday**
- **9am – 3.30pm Wednesday**
- **9am – 3.30pm Thursday**
- **9am – 3.30pm Friday**

If there is a special event or extenuating circumstances and you need to visit outside of these visiting times, please contact the facility prior to coming for instructions.

A reminder to not clutter the bedrooms as this is a trip hazard to the residents. If you are visiting and borrow a chair from the dining area please make sure you return the chair to the dining room. Residents use these chairs in the dining rooms at meal times. If you fail to return the chair the residents have nothing to sit on. If you are elderly and you have asked the nurse to bring you a chair make sure you use the buzzer to get the nurse to take the chair back when you have finished with it. If you would like a chair left in the room permanently then please let Vesna from reception know and we will organize a permanent visitor chair for the resident's room.

As always, if you experience any symptoms (i.e. headache, cough, muscle aches, sore throat, vomiting, loss of taste or upset stomach) please do not come to work. You must call the facility and do a RAT test. Thank you for adapting to the changes over the three years. You should be proud of yourself for the great work you all do for the safety of the residents. We know it has been difficult at times, but you always have been positive and willing to take on the changes. We would also like to thank all residents and family members for their patience and compliance with following rules set by the Public Health Unit and the Commonwealth Department of Health.

COVID19 is still circulating in the community so see your Doctor about a booster. Ask your health professional about the Shingles vaccination and if this would be an advantage to you. This pandemic has been a long road for so many of us and we have worked hard to keep our staff and residents safe. Getting boosted and vaccinated is the best way to keep our freedoms and to be able to continue to visit our loved ones.

Looking for Work in Aged Care

Are you, or someone you know looking to work in the Aged Care industry?

We are always looking for people who have a passion for aged care or the hospitality industry. We regularly recruit for Registered Nurses, Assistant Nurses, and Kitchen staff and are always happy to receive applications for any of these positions.

We also offer volunteering roles which can be used as a stepping stone into future employment opportunities.

If you are interested, please ask reception for an application.

Facebook and Instagram for Bundaleer Lodge

Bundaleer Lodge has a Facebook account and Instagram account. You can keep up with what the residents have been doing on our Facebook account.

Facebook

<https://www.facebook.com/Bundaleer-Lodge-Nursing-Home-169519596581097/>

Instagram <https://www.instagram.com/bundaleerlodge/>

We also have a Bundaleer Lodge Nursing Home website.

<https://bundaleerlodge.com/>

Round Square Program

The Round Square project partnership formed between Bundaleer Lodge and Ipswich Grammar School is important to our residents. Since the visits to Bundaleer Lodge have been postponed due to Covid19, the boys in year 9 at IGS have sent some written letters to residents instead of the in person visits. By doing this the IGS boys and residents can still be connect. We are investigating starting this programme up again.

Charter of Aged Care Rights

Providers required to provide and explain signed Charter to new and existing consumers. The Federal Government has announced new laws to compel all aged care providers to sign and conform to a single [Charter of Aged Care Rights](#).

Resident Responsibilities and Charter of Aged Care Rights

Each resident of a residential care service has the duty:

- to respect the rights and needs of other people within the residential care service, and to respect the needs of the residential care service community as a whole
- to respect the rights of staff and the proprietor to work in an environment free from harassment
- to care for his or her own health and well-being, as far as he or she is capable
- to inform his or her medical practitioner, as far as he or she is able, about his or her relevant medical history and current state of health.
- Each resident has the obligation to respect the thoughts and actions of other residents and not deprive them of their rights
- To assist the facility in maintaining accurate records and information through prompt notification
- Informing the facility of changes to contact next of kin details

Charter of Aged Care Rights:

I have the right to:

- Receive safe and high-quality care and services
- Be treated with dignity and respect
- Have my identity, culture and diversity valued and supported
- Live without abuse and neglect
- Be informed about my care in a way I understand
- Access all information about myself, including information about my rights, care and services
- Have control over and make choices about my care, and personal and social life, including where the choices involve personal risk
- Have control over, and make decisions about, the personal aspects of my daily life, financial affairs and possessions
- My independence
- Be listened to and understood
- Have a person of my choice, including an aged care advocate, support me or speak on my behalf
- Complain free from reprisal, and to have my complaints dealt with fairly and promptly
- Personal privacy and to have personal information protected

Exercise my rights without it adversely affecting the way I am treated



Australian Government
Aged Care Quality and Safety Commission

Code of Conduct for Aged Care

Quick guide for consumers



The Code of Conduct for Aged Care describes how **providers and the people providing your care must behave and treat you**. It includes the 8 elements below.



Respect your rights to express yourself and make your own decisions about how you want to live



Act with integrity, honesty and transparency



Treat you with dignity and respect and value your diversity



Take action promptly about matters that may impact on the safety and quality of your care



Respect your privacy



Provide safe care free from all forms of violence and abuse



Provide high quality care in a safe and competent manner



Prevent and respond to all forms of violence and abuse

If you or someone you know has a concern or complaint with your service, contact:

**Older Person Advocacy
Network (OPAN)**

Phone 1800 700 600

Aged Care Quality and Safety Commission

Phone 1800 951 822 **Web** agedcarequality.gov.au

Write Aged Care Quality and Safety Commission
GPO Box 9819, in your capital city



Bundaleer Building Site History

Some may remember the old kitchen and laundry were demolished and the site was cleared and the builders started construction work



View of Bundaleer Lodge showing the cleared site from the old Kitchen and Laundry and new construction



Well we now have some rooms developing in that area.



New Waratah Lounge



New Waratah Family Conference Room



New Waratah



Waratah Courtyard



New Waratah Lounge August 2019



New Waratah Family Conference Room



New Hallway



Waratah Lounge



View from driveway

The New area of Waratah opened in January 2023 with current residents moving from Banksia to allow for renovations to commence in the Banksia Hallway.

Renovation work is completed in the garden area near Lillypilly and Nandina. Some plants are now in and added to soften the area. When complete I am sure Therapy will arrange some mini golf activities.



Driveway Renovations at Bundaleer Lodge

Renovation work has been taking place in the driveway area near Lillypilly. The gardens will be worked on in the coming weeks, which we all look forward to seeing the results.





Lillypilly has had new curtains hung in the rooms and Nandina will be the next area to have new curtains. There are 8 bedrooms currently being renovated in Lillypilly. Renovation will also include a new nurse station and treatment room in the area.





Renovation Progress Lillypilly

The 8 rooms in Lillypilly, new Nurse Station and Lounge rooms are complete.
The 13 rooms, dining room and lounge in Lillypilly Unit have been renovated.







NEW Lillypilly Lounge



NEW Lillypilly Nurse Station

The work is now progressing in Nandina area 2





Bookings for family functions

If residents or residents' families wish to hold a function for a resident in the facility please book with the Diversional Therapy staff. This will ensure a suitable location for the size of the function is not double booked. Speak to the Therapy staff about what locations are deemed suitable. As other residents use the lounge areas, these are not suitable locations for family events. There are other areas within the facility which will not impact other residents while holding your function. When you hold the function you must clean up after your event.

Jasmine Wing has a large covered outdoor area where we have installed an outdoor pool table. We have installed a cabinet to house the pool balls and other equipment. Therapy will set up the table each weekday for use and pack away the equipment at the end of the day. On a weekend please ask the Jasmine RN for access to the equipment.



With changes in seasons we can get colder or warmer weather so we take this opportunity to remind resident and family to remember to dress appropriately for the weather. Check the recommended clothing list to see what clothing you may need.

Any clothes that need to be labelled must be dropped to the administration office Monday to Friday between 8.30am and 5pm. If this cannot be done please call Tina (07) 3201 8772 to arrange an alternate drop off location and time. For new admissions please ensure all



clothes are marked with a permanent marker prior to labelling, this is to ensure that clothing is not lost. Any new clothing items to be placed in a bag with the residents' name and handed to staff in the administration office.

Laundry Information

It is important when new clothes or shoes are purchased, it is labeled with the residents name before using. This will ensure lost clothing items are minimized. Laundry Staff and Nursing Staff will automatically remove clothing which is worn, needs repair, is stained, or no longer fits. Relatives will be informed via phone that there is clothing in the office to be collected. IF clothing is not collected within 2 weeks it will be placed in a Life Line Bin.

It is the responsibility of the relatives / guardians to ensure that there is an adequate supply of suitable clothing. All items are to be clearly marked using name tags sewn onto clothes or heat press machine labels. It is not permitted to use a marking pen to mark resident's

clothes on a permanent basis. After numerous washes the name fades off and then the clothes are unnamed and become lost. CLOTHING MUST HAVE SEWN LABELS or HEAT PRESS LABELS.

Management can order cloth labels at a reasonable price if requested. The labels take approximately 1 week to arrive once ordered. Administration can arrange for the labels to be machine heat pressed onto the resident's clothes. Administration staff are to organize the label application the clothing must be handed to the administration staff. There is a small cost and this covers labeling of all items of clothing and any additional items during the resident's stay until all the labels have been used. Please consult the administration staff, the Residential Services Manager or management if you would like to order labels, and/or have labels heat pressed onto the resident's clothing. Ensure that shoes, slippers are clearly marked as well as hats or beanies. If supplying a bedspread or knee rug have a cloth label sewn on to identify the item. All new articles of clothing purchased after admission must be labeled. Ensure relatives are aware of this especially when clothes are given as gifts.

NO WOOLEN CLOTHING TO BE SUPPLIED.

- (1) It is recommended no woolen jumpers or woolen jackets be brought as clothing, due to the laundry washing and drying at very high temperatures, which causes the items to shrink.
- (2) The turnaround time for clothing to be returned from the laundry is approximately 4 days, it is important to ensure the resident has a sufficient number of clothes to cover this period.
- (3) Whilst all care is taken with washing and drying of residents clothing, the Management will take no responsibilities for the loss or damage of clothing.

Lost property will be displayed by the DT staff in the Therapy area for collection. If you notice any clothing is missing please fill in the lost clothing form which can be obtained from staff, they can print a form from iCareHealth. This lost clothing form will be given to the laundry staff so they can try to locate your lost item for you.

Bundaleer Lodge no longer take clothing donations due to government auditors seeing this as a privacy issue. When a resident moves from the facility their items must be collected within 24 hours or the items will be taken to life line and a fee of \$100 will be charged to the final account.

Can those family members or residents who get a residents' medicare card sent to them, make sure you bring the new medicare card into administration. If your card is still sent to your old address please advise medicare of your change of address so the new card can be brought into administration. We cannot organize bulk billing if we do not have this information. Could residents or family members check the expirer date for the medicare card. If family members or residents wish to keep their own card then please make a photocopy and hand this copy to the reception. If the card is about to expire please apply for a new one. Then make a copy for the facility if you do not wish us to hold the card for the resident. If you would like the facility to hold the card for the resident please hand the card to the reception.

Bundaleer Lodge has a web site which can be accessed from a computer with internet access at <http://www.bundaleerlodge.com>. We are striving to improve our website by adding more information and links to other sites which may hold valuable information for you. We have a picture gallery which will be updated when new features are installed.



Due to gastrointestinal outbreak and flu illness in the community we wish to remind relatives to not visit residents if they are ill or within the 48 hours after they show the last symptoms. This helps protect the residents from flu, colds and gastrointestinal illnesses. We also remind relatives to wash their hands at our facility before visiting the residents and to wash their hands after visiting the residents. This also helps stop the spread of communicable illness in the community. Remember that washing hands saves lives

If family are cancelling escorts arranged for appointments without the sufficient notice period (72 hours) or if the resident refuses to go to the appointment on the day and the escort arrives for the The notice period of 72 hours MUST be adhered to for appointment then the resident will be charged for the service. cancellations and the notification given to Reception staff in the administration office during office hours.



Smoke Free Policy operational Bundaleer Lodge

From the 1st January 2015, it is against the law to smoke at all public and private health care facilities, and for five meters beyond their boundaries. Penalties may apply if you disobey this law. Bundaleer Lodge Nursing Home is committed to provide employees and residents with a healthy environment which encourages high staff morale and productivity and protects the health of all employees and residents. Bundaleer Lodge is a smoke free work place. This policy will help promote the health and safety of all employees and residents. Please speak to the Residential Services Manager(RSM) if you would like some information on ways to quit smoking. Smoking in the park or the bus shelter near Bundaleer Lodge can result in a fine from the Ipswich City Council.

The Department of Health wants us to inform relatives about call bells, particularly what they are used for. There are different types of calls on our system. There are call bells next to the bed, call bells in the bathroom, call bells in hallways and call bells in common areas. The hallways and common areas are for EMERGENCY situations and IMMEDIATE response. The bedroom and ensuite call bell is for general calls for assistance. The EMERGENCY call bell overrides all other calls to give an IMMEDIATE

response. The bedroom/ensuite call bells are logged at the time of the call and are responded to in order. Hence if there is a high volume of calls then the wait time may be longer than at a time when there is a low volume of calls. If someone is in a room with no call bell, staff can use their DECT phones to dial 333, this will call ALL phones throughout the Facility phone system and someone will answer.

People of all ages are at increased risk of falling while in care due to the unfamiliar surroundings, unsteady balance, poor eyesight, wearing of unsafe footwear, medical conditions and some medications and can result in a serious injury and or loss of confidence. The following can assist in falls prevention.

- Become familiar with the surrounding
- Have a falls risk assessment completed
- Be consulted about the plan to reduce your falls risk, if required. This may include a review by a pharmacist or physiotherapist for further information and support.
- Preventative measures include avoidance of long dressing gowns and nightwear.
- Footwear should fit securely; have a flat or low heel and a non-slip grip.
- Residents may be fitted with anti-embolism stockings and these can increase the risk of slipping or falling when walking. It is therefore important to wear slippers or other footwear if you are using these stockings.

The Facility supports students across multiple disciplines (nursing, medical and allied health) through partnership with tertiary education institutions and other registered training Organizations. All medical interns and other students are supervised while at the Facility. The Facility continues to have a strong commitment to teaching the healthcare professionals of the future.

The Broadband for Seniors is now set up in the Internet Kiosk in Frangipani. This Internet Kiosk is a Government Funded initiative taken up with the help of the facility staff and Bundaleer Lodge. Check the Therapy schedule to find when the next Internet/Computer tutorial will be held or ask your Diversional Therapists. Those residents who have their own computer and use the internet, it is advisable to keep your internet security software up to date to help protect your information on the computer.

Unwanted fire alarm activation. If a resident or resident representative causes a fire alarm to be activated causing a false alarm call out by the Fire Brigade, then the resident will be charged for the call out fee. False alarm activation can be caused by burning toast in resident toasters, burning food in resident microwaves, smoking in rooms, aerosol sprays and fine powders dispersed in the air around the



detector or other willful activation methods. The cost of a call out is approximately \$1700.

We would like to remind visitors to the secure unit to not let anyone out, no matter how convincing or young they look. Refer them to the staff on duty should they want to exit the area.

We have had some issues with telemarketers confusing residents who have their own phones. We recommend residents or their family members have residents personal phones added to the DO NOT CALL REGISTER so telemarketing calls will not be put through to their phone. Call your phone service provider to organize this.



The basic resident fee increases on the 20th September and 20th March. The rate is set by Department of Health. This rate changes twice a year.

Please remember to give reception your email details for easier communications if you have not already done so, you can drop this into reception.

Susan Dreyer, and Lynette Dresselhaus

**Next Newsletter will be out for
Winter June to August 2026**