



Government funding assistance is available

Current holders of a Department of Veteran Affairs card can apply to the Department for up to 28 days of funding per financial year, to help cover the cost of Respite Care. In most States of Australia, the Commonwealth Care Respite Centre may, with prior approval, also help contribute to the daily cost of Respite Care. To find your nearest centre, please visit the Commonwealth Respite and Carelink Centre website.

Emergency respite

If you need emergency respite care, contact your local Commonwealth Respite and Carelink Centre on:

- 1800 052 222 during business hours, or
- 1800 059 059 outside standard business hours.

Situations where emergency respite care might be needed, include:

- death of a primary carer
- major illness of a primary carer
- an urgent situation that makes it difficult for your carer to look after you.



We're here to help



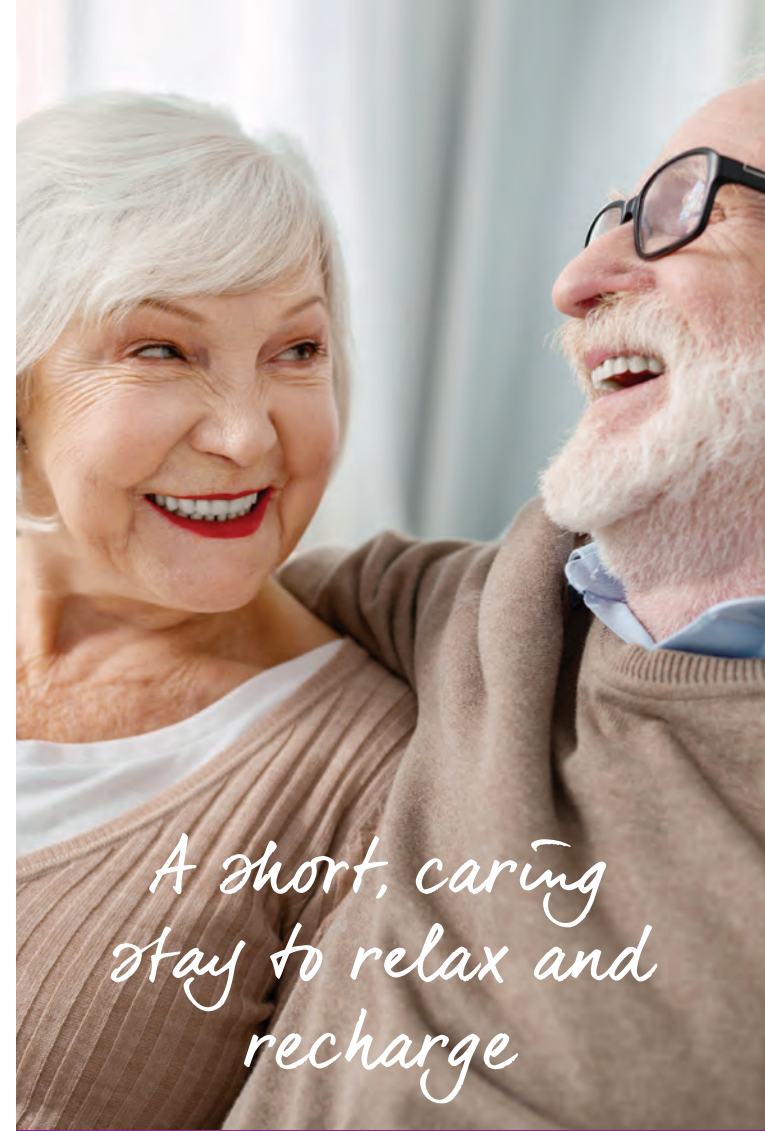
ALGESTER LODGE

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BUNDALEER LODGE NURSING HOME

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RESPITE CARE

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Caring for a partner, relative or friend is a rewarding experience. At times it can become overwhelming and the carer needs a rest and residential respite care could be the answer. Carers need to have breaks from their role and those breaks are known as respite. This respite may help relieve stress for the carer and the person receiving care.

Sometimes, a carer needs to attend to other activities, or go on holidays. Respite enables a carer to remain healthy and stay in their caring role longer. It has some other advantages like expanding both of your social life.

We offer residential respite care where you know your loved one will be cared for in a safe caring environment. This gives you peace of mind while you take a well-earned rest. Respite care can be beneficial to those discharged from hospital, who may need some extra support while they decide on the best place to live longer term. You can also use respite care in a residential aged care facility as a way of finding out about the quality of care before deciding if the home is a good place for you.

Renton Family Trust Aged Care staff understand and value the important role of carers in supporting spouses, relatives and friends as they grow older and are not fully independent anymore.

By joining us in respite care you are able to participate in our diversional lifestyle activities and other aspects of life in our residential care facilities.

Our staff look forward to helping and supporting you to ensure your time with us is an enjoyable and rewarding experience.

For more information about respite care offered by Algester Lodge and Bundaleer Lodge Nursing Home please contact our caring staff for a tour or further information to assist in making the right decision for you.



What do we provide during Respite Care?

Respite care should be as enjoyable as possible. We provide our respite accommodation in our residential care facilities that offer:

- Modern facilities and technology
- Nutritious meals (with plenty of variety)
- Organised activities, appropriate exercise and entertainment
- Qualified nursing staff on-site 24-hours-a-day
- Receive individual care, tailored to specific needs, in the safe and secure environment.
- Family and friends are always welcome and with no set visiting hours you can visit as often as you wish.
- Activities coordinated by our diversional therapy team to join and enjoy
- Personal care including showering
- Medication support if required
- Laundry service



Accessing Respite Care: what you need to know

- Government-subsidised respite care is available for overnight stays subject to assessment.
- If you're the primary carer for someone aged 65 years and over (or 50 years and over for Aboriginal or Torres Strait Islanders), or if you look after someone with dementia, you can qualify for respite care services.
- An assessment by an Aged Care Assessment Team (ACAT) is required. This helps to determine the most appropriate level of care your loved one needs. A doctor, caregiver or family members can make a referral to an ACAT.
- Respite Care is a short-term care option. The holder of an ACAT assessment is entitled to 63 days of Respite Care per financial year at any Commonwealth-funded residential aged care facility. Extensions may be granted.
- To access respite care in one of our residential care homes, the carer (and the person receiving care) will need to meet with an Aged Care Assessment Team (ACAT). This will determine the most appropriate level of care required and then we'll know what would be best suits you.
- We're here to help with the application process. Once you have decided to proceed with Respite Care with us, we will discuss all of your needs and requirements, including agreed dates, and put together a Respite Agreement. We can also help you with application forms and any questions you may have.